Community Development Councils
Annual Report 2015

A Cohesive Community of Giving & Sharing

– an SG50 Edition



COMMUNITY
DEVELOPMENT
COUNCIL
Assist.Bond.Connect

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Mission

To Build a Caring and Cohesive Community Where We **Assist the Needy**, **Bond the People** and **Connect the Community**.

Assist The Needy
To help the less fortunate through local assistance schemes and programmes

Bond The People
To bond the community through projects and programmes so as to bring members of the community closer to one another

Connect The Community
To develop strategic partnerships with corporate and community partners to better serve our residents



Foreword

FROM OUR CHAIRMAN'S DESK

I am delighted to see more community and corporate partners step forward to take ownership of the community that they live in and shoulder shared responsibility for one another.



SG50 has been an eventful year and an important milestone for the CDCs. Over 12,000 participants from the CDCs, community organisations, corporate partners and residents had participated in three important CDC events in celebration of our nation's 50th birthday – CDCs Celebrating Communities (a community parade cum brisk walk, CDC Symposium cum Launch of SG50 CDC Book and The Purple Parade. The partners' strong support for these events reaffirmed the good rapport and working relationships that the CDCs had built up within the community.

I am delighted to see more community and corporate partners step forward to take ownership of the community that they live in and shoulder shared responsibility for one another. Through the support of these partners, the CDCs have provided local assistance to over 100,000 needy residents in 2015. In addition, the CDCs have established and deepened 3Ps (People, Private, Public) relationships to bring services closer to our residents. For example, the CDCs collaborated with Law Society to organise Law Awareness Week @CDC to share basic legal knowledge with the residents. Working with National Arts Council, the CDCs implemented the WeCare Arts Fund

The CDCs have established and deepened 3Ps (People, Private, Public) relationships to bring services closer to our residents.



100,000
residents benefited from the CDCs' local assistance schemes and programmes



800,000
participants engaged through the CDCs' programmes

@CDC to engage clients of Voluntary Welfare Organisations (VWOs) on arts activities. The CDCs also partner with SPRING Singapore to set up the Small and Medium-sized Enterprises (SME) Centres @CDC, providing advice and diagnosis to help local businesses. Through CDCs' touch points in the heartland, national policies such as Pioneer Generation Package and MediShield Life were shared through talks and dialogues for residents to better understand the benefits. As many as 800,000 participants were engaged through the CDCs' programmes in 2015.



20,000
community and corporate volunteers contributed selflessly to the community

The Government and CDCs could not have achieved the above if not for the tremendous support from 20,000 community and corporate volunteers. On behalf of my fellow Mayors, I would like to thank our dedicated councillors and volunteers, our community and corporate partners, and all of you who have worked tirelessly in this momentous year. I look forward to your continued support as we work towards the SG100 milestone.

Mr Teo Ser Luck
Chairman, Mayors' Committee

Our Leaders

OFFICE OF THE MAYORS

The Office of the Mayors in Singapore serves the residents in the five districts. Each district is helmed by a Mayor, who also serves as a Chairman of the Community Development Council in that particular district.

Seated (from left to right)

Dr Mohamad Maliki Bin Osman
Mayor of South East District
Chairman of South East CDC

Mr Lee Hsien Loong
Prime Minister and Chairman
of the People's Association

Ms Low Yen Ling
Mayor of South West District
Chairman of South West CDC

Standing (from left to right)

Dr Teo Ho Pin
Mayor of North West District
Chairman of North West CDC

Ms Denise Phua Lay Peng
Mayor of Central Singapore District
Chairman of Central Singapore CDC

Mr Teo Ser Luck
Chairman of Mayors' Committee
and Mayor of North East District
Chairman of North East CDC



Our CDCs

LIST OF COMMITTEES UNDER THE CDCs

Office of the Mayors

People's Association Partnership Cluster

Central Singapore CDC Committee

- Adults
- Arts & Culture
- Children
- Outreach & Communications
- Environment
- Finance
- Healthy Lifestyle
- Seniors
- Special Needs
- Youth

North East CDC Committee

- Children & Youth
- Elderly
- Environment
- Family & Adult
- Finance
- Partnership

North West CDC Committee

- Corporate Relations
- Finance
- Green Living
- Healthy Living
- Social Support

South East CDC Committee

- Active Ageing
- Adults Interactive
- District Engagement
- Families & Children
- Finance
- Youth

South West CDC Committee

- Arts & Culture
- Environment
- Family & Active Ageing
- Finance
- Healthy Lifestyle
- Social Service
- Volunteerism & Philanthropy



Our Map

MAPPING THE FIVE DISTRICTS

South West District
Chua Chu Kang, Jurong and West Coast Group Representation Constituencies, and Bukit Batok, Hong Kah North, Pioneer and Yuhua Single Member Constituencies.

North West District
Holland-Bukit Timah, Marsiling-Yew Tee, Nee Soon and Sembawang Group Representation Constituencies and Bukit Panjang Single Member Constituency.

Central Singapore District
Ang Mo Kio, Bishan-Toa Payoh, Jalan Besar and Tanjong Pagar Group Representation Constituencies, and Potong Pasir, Radin Mas and Sengkang West Single Member Constituencies.

North East District
Aljunied, Pasir Ris-Punggol and Tampines Group Representation Constituencies, and Hougang and Punggol East Single Member Constituencies.

South East District
East Coast and Marine Parade Group Representation Constituencies, and Fengshan, MacPherson and Mountbatten Single Member Constituencies.



Find out which district you are residing in by entering your postal code on our website. Click here!

OUR JOINT PROGRAMMES

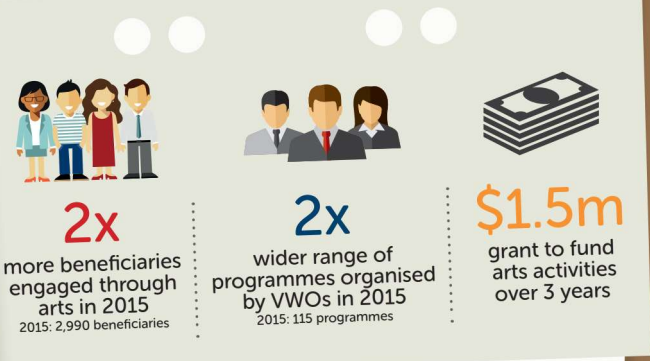
WeCare Arts Fund @CDC Tea Session

Since its launch in May 2014, the WeCare Arts Fund @CDC has uplifted the lives of 4,400 beneficiaries. The Fund enabled 127 Voluntary Welfare Organisations (VWOs) to partner artists to conceptualise and implement 165 arts programmes that benefited the community, in particular vulnerable youth and elderly. The arts activities ranged from music lessons for the elderly to handicraft projects for the special needs. The $1.5 million arts grant is a partnership between the CDCs and the National Arts Council.

A tea session was held on 21 May 2015 to mark the fund's first anniversary. The CDCs, artists and VWO representatives met and exchanged ideas on how the arts can be used to reach out to more people in the community and help the vulnerable lead fulfilling lives.



Artist sharing her experience of working on various arts projects and how participants had benefited from the programmes supported by the Fund



2x
more beneficiaries engaged through arts in 2015
2015: 2,990 beneficiaries

2x
wider range of programmes organised by VWOs in 2015
2015: 115 programmes

$1.5m
grant to fund arts activities over 3 years

Some works of art from projects supported by the WeCare Arts Fund @CDC being featured at the tea session



OUR JOINT PROGRAMMES

Law Awareness Week @CDC 2015

More than 1,200 residents benefited from 30 sessions of legal talks, covering topics such as consumer protection law, criminal law, employment law, family law and the new harassment law. The community-level talks, organised jointly by the Law Society and the CDCs, were launched in conjunction with Law Awareness Week @CDC on 22 July 2015. 150 law students and 20 pro bono lawyers stepped forward to volunteer their time and legal expertise. The CDCs hope that the legal talks will help equip the community with basic knowledge on common legal issues while promoting volunteerism among law practitioners in support of vulnerable or needy groups.

Ms Indranee Thurai Rajah, Senior Minister of State, Ministry of Law and Education, Mayors, Vice-Chairman of CDC and Grassroots Adviser, lawyers and student volunteers at the Launch of Law Awareness Week @CDC 2015



For more information on the Law Awareness Week @CDC, click here!

1,200
participants benefited from the legal talks in 2015

20
lawyers volunteered as speakers

150
law students volunteered to help organise the programme

22
legal talks to educate the community

> Knowing what the law is, how and why it matters to people, and what to do when faced with a legal issue or problem, will give the individual greater confidence in handling legal issues that may arise.
>
> Ms Indranee Rajah, Senior Minister of State for Law and Education

SG50 CELEBRATIONS

CDCs Celebrating Community –Community Parade cum Brisk Walk

On 31 May 2015, Prime Minister Lee Hsien Loong, together with the Mayors and Grassroots Advisers, led 5,000 community and corporate partners, volunteers and residents on a 2.5-km "CDCs Celebrating Communities" walk around Marina Bay.

The event enabled the CDCs to come together with the communities that they have built and developed over 18 years to celebrate Singapore's 50th birthday.

Interactive mobile exhibits and placards were carried by 500 participants to showcase the CDCs' flagship programmes, as well as how the close partnerships between CDCs, corporates and the community have helped nurture a caring and cohesive community.

A participant carrying a mobile exhibit featuring one of the CDCs' programmes





Prime Minister Lee Hsien Loong and Mrs Lee joining the Mayors and volunteers at the Community Parade cum Brisk Walk at Marina Bay



Participants enjoying themselves while celebrating SG50 and the CDCs' efforts in building communities

Did you participate in the brisk walk event? Share photos of your memories on Facebook, Instagram with the hashtag: #cdcscc

SG50 CELEBRATIONS

CDC Symposium and Launch of SG50 CDC Book "CDCs Celebrating Communities"

Emeritus Senior Minister (ESM) Goh Chok Tong, who mooted the idea of the CDCs in 1997, reinforced the importance of *More Able Helping Less Able* at the CDC Symposium on 27 October 2015. Close to 400 participants came together to share good practices in community development.

The first-ever publication, SG50 CDC book, launched by the five CDCs chronicles 50 short stories on CDC's core values. These stories were written by students. The profiles and programmes featured in the *SG50 CDC Book* represent the communities that CDCs have built and developed over 18 years. The five values that our founding fathers have steered Singaporeans to embrace are encapsulated in the Book, which comprise *More Able Helping Less Able; Promoting Volunteerism; Promoting Community Ownership; Care for Environment; and Care for Vulnerable.*



Participants at the CDC Symposium comprising community and corporate partners, volunteers, district councillors and grassroots leaders



Two of the 58 student writers presenting the SG50 CDC Book to Emeritus Senior Minister Goh Chok Tong

SG50 CELEBRATIONS:

CDC Symposium and Launch of SG50 CDC Book "CDCs Celebrating Communities"

To allow everyone to enjoy the heartfelt stories in celebration of our communities, we have released the electronic version of the book online. Click here!



The SG50 CDC Book titled "CDCs Celebrating Communities"



Mayors holding the SG50 CDC Book that encapsulates five values of More Able Helping Less Able; Promoting Volunteerism; Promoting Community Ownership; Care for Environment; and Care for Vulnerable

The tighter our network, the tighter our bonds between communities and different networks and the stronger our social fabric will be. The stronger our social fabric, the greater confidence we will have in meeting challenges and going forward. With the contributions of your CDCs, we can look forward to SG100, with pride, with confidence, that together as one people, regardless of race, language and religion, we can all forge a Singaporean identity that we can be proud of.

People's Association Deputy Chairman, Minister Chan Chun Sing, commenting on the relevance and importance of the CDCs' role in building a caring and cohesive community

SG50 CELEBRATIONS

SG50 Purple Parade

The Purple Parade is a voluntary ground-up movement that celebrates the abilities of persons with special needs and supports their inclusion within the larger community.

Back for the third time on 31 October 2015, this year's Purple Parade, graced by Prime Minister Lee Hsien Loong and Mrs Lee, was a special SG50 edition that rallied 7,000 participants from the people, public and private sector. The 5 CDCs came together in support of The Purple Parade, representing a nationwide effort to build an inclusive society in Singapore.

It was heartening to see a rise in the participation of volunteers from schools, corporations, government agencies and the public. A record number of more than 2,000 members from 35 contingent groups led the march-past, while 37 organisations set up carnival booths to raise funds. Participants brought home unique art pieces crafted by talented individuals with special needs, and enjoyed food and drinks from partners, some of whom have been supporting the employability of special needs individuals in Singapore.



Below: Prime Minister Lee Hsien Loong sharing a heartfelt moment with participants of The Purple Parade

Left: Participants taking part in games at carnival booths to raise funds

Click here to find out more about how you can support the next Purple Parade.



Help us spread the movement and message of inclusivity by hashtagging **#PurpleParadeSG** in your posts!

Assist

ASSISTING THOSE IN NEED

ASSISTING THOSE IN NEED



100,000

beneficiaries assisted for the calendar year 2015



120

local assistance schemes and programmes implemented by the CDCs

The CDCs strive to strengthen social support through local assistance schemes and social programmes. To help those in need, the CDCs rally our vast network of stakeholders and partners to secure donations in the form of cash, food rations, bursaries, as well as vouchers for food, meal and transport. The following five programmes are examples of how the CDCs have made a positive impact on the lives of our beneficiaries.



CENTRAL SINGAPORE CDC

Silver Friends Volunteer Recruitment

Seniors living alone can look forward to having more friends, thanks to the success of Silver Friends. Silver Friends is an ongoing befriending programme for seniors who are at risk of social isolation. Some of the seniors may be living alone, physically challenged or chronically ill. Silver Friends volunteers make regular visits to provide friendship and to help the seniors manage basic needs such as buying groceries and keeping to medical appointments.



40%
more Silver Friends volunteers recruited in 2015
2015: 2,930 Silver Friends

5,130
senior beneficiaries befriended and helped in 2015

Silver Friends volunteers bonding with senior beneficiaries through games and other befriending activities



CENTRAL SINGAPORE CDC:

Silver Friends Volunteer Recruitment

In 2015, Central Singapore CDC successfully recruited 2,930 Silver Friends volunteers from schools, corporates and the community to reach out to 5,130 senior beneficiaries in the District. The CDC fosters a culture of giving back by providing volunteer opportunities.



Silver Friends volunteers bonding with senior beneficiaries through games and other befriending activities



Silver Friends volunteers bonding with senior beneficiaries through games and other befriending activities

Living alone can be very boring and lonely at times. I enjoy it when the volunteers drop by so that I can have more people to talk to.

Mr Yong Wee Leok, a senior beneficiary living at Jalan Bukit Merah, who rarely leaves his home because of a previous leg operation

Sign up as a Silver Friend
Join us in touching the lives and hearts of seniors in need. Click here.

NORTH EAST CDC

Care Team @ North East

Feelings of isolation and loneliness can be detrimental towards the well-being of seniors. To better provide care and social support for these isolated seniors, the North East CDC formed the Care Team @ North East in 2013. The Care Team is a befriending programme that enables neighbours to bond with and encourage isolated seniors to step out of their homes to participate in community activities.

The North East CDC has been stepping up its efforts to grow its pool of befrienders and reach out to more beneficiaries through the Care Team @ North East. In 2015, the CDC engaged 231 beneficiaries and 235 befrienders. This is double the 121 beneficiaries and 97 befrienders engaged in 2014.

The Care Team focuses on promoting volunteerism and building bonds amongst its participants – between neighbours, between befrienders; and between befrienders and beneficiaries – in the North East district. Besides friendship, befrienders have also been helping senior beneficiaries tap on government schemes available for needy residents.



Befrienders from Punggol North Care Team @ North East all ready to go for their monthly visitation



Befrienders from Serangoon Care Team @ North East flashing the Chinese New Year couplets that they wrote for beneficiaries to bring cheer to their homes

NORTH EAST CDC:

Care Team @ North East

EVENTS HIGHLIGHTS & ACTIVITIES



A befriender from Serangoon Care Team @ North East washing a beneficiary's fan as part of Chinese New Year Spring Cleaning



Befrienders from Punggol North Care Team @ North East visiting a senior beneficiary at his home



2.4x
more befrienders in 2015
2015: 235 befrienders



91%
more beneficiaries befriended and helped in 2015
2015: 231 beneficiaries

Be part of our Care Team @ North East
Join us in touching the lives and hearts of seniors in need. Click here!

Loneliness in later life is a growing problem in the community. I take joy in human interaction and this is what made me join the Care Team. My befriending experience has provided me with greater sense of purpose in life. I hope more people can come forward and volunteer their time as befrienders. Let us do our small bit to help our neighbours in need.

Ms Agnes Lee, a befriender of Punggol North Care Team @ North East

NORTH WEST CDC

Tri-Generational HomeCare @ North West

Help is at hand to tackle the community issue on the prevalence of seniors being re-admitted into the hospital within a month of being discharged. To provide home care and social support to these vulnerable seniors, North West CDC launched the Tri-Generational HomeCare @ North West in 2015 with the support of various community partners. Funding support is provided through the North West WeCare Fund.



Dr Teo Ho Pin, Mayor of North West District and Community Partners at the launch of Tri-Generational HomeCare @ North West

Under the programme, tertiary and secondary school students conducted fortnightly home visits to provide holistic care services while befriending the senior beneficiaries. The student volunteers were trained to provide mental support, basic nursing and basic health assessments for seniors by various VWOs and Alexandra Health System. Since its launch, the programme has helped 75 vulnerable seniors through the dedicated care and friendship of the 340 student volunteers. North West CDC hopes that the intergenerational bonds built through the programme will help strengthen the social infrastructure for an ageing population.

Student volunteers taking part in the launch of Tri-Generational HomeCare @ North West



NORTH WEST CDC:

Tri-Generational HomeCare @ North West



House visit by a nurse and student volunteers to provide basic health assessments and befriending services to seniors in need



Intergenerational friendship in the making between elderly beneficiary, student volunteers and nurse

340
students volunteered as befrienders in 2015

75
senior beneficiaries befriended and helped in 2015

I am touched to see students coming forward to initiate this meaningful programme. Apart from providing support to the district's seniors, we aim to bridge the intergenerational gap between youths and seniors, which has become increasingly important as Singapore faces an ageing population. Upon learning caregiving skills and knowledge, students can also put them into good use as they interact with their grandparents. This in turn strengthens bonds. I hope that more students and partners can come forward to join us in building a Caring and Healthy North West community.

Dr Teo Ho Pin, Mayor of North West District

SOUTH EAST CDC

Neighbours for Active Living

Our neighbours may just be the ones whom we can rely on in times of need. To empower neighbours to look out for each other, the Eastern Health Alliance (EHA) set up the Neighbours for Active Living programme in 2013 in partnership with the South East CDC.

Under the programme, residents and volunteers from various community partners are assigned to befriend and care for vulnerable seniors in their own neighbourhood. The volunteers act as caregivers for the senior beneficiaries, who typically require assistance with their care needs and daily activities due to their chronic medical conditions.

EHA helped train 186 volunteers in befriending and caregiving skills.

Emeritus Senior Minister Goh Chok Tong and Dr Mohamad Maliki Osman, Mayor of South East District, with volunteers and community partners in celebration of Neighbours for Active Living

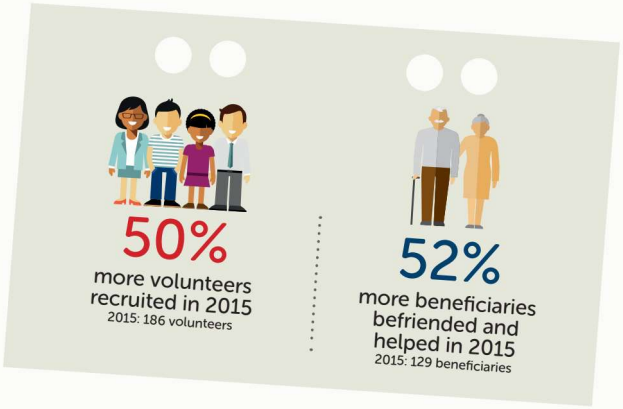


I believe in the old Chinese saying of "远亲不如近邻". The best support may come from a neighbour who lives nearby rather than a distant relative. With Neighbours for Active Living, we harness the resources and support from immediate neighbours to help those in need. I am heartened to see so many volunteers stepping forward with the commendable spirit of wanting to help others."

Dr Mohamad Maliki Osman, Mayor of South East District

SOUTH EAST CDC:

Neighbours for Active Living





Volunteer Mr Koh Hye Kee (right) providing free massage for vulnerable seniors to help ease their body aches



Volunteer Mdm Nekmah (left) ensuring that her elderly neighbour takes medication on time

As a dedicated volunteer of Neighbours for Active Living, Mdm Nekmah Bte Mahadi cares for five vulnerable seniors in her block, one of whom – Mdm Tan – is Chinese. Despite not sharing a common language, Nekmah was able to communicate with Mdm Tan through simple phrases and care for her like a friend. Nekmah ensures the well-being of her elderly neighbours by monitoring their health condition, making sure that they take their medication and accompanying them for their medical appointment.

I treat them like my family. When they are unwell, I worry for their health. When they are happy, I laugh with them. Helping these vulnerable seniors makes me feel good and proud of myself.

Mdm Nekmah Bte Mahadi, a homemaker and volunteer of Neighbours for Active Living

SOUTH WEST CDC

Shining Star Reads

There is so much potential in underprivileged children and yet so little opportunity for them to shine. With its new Shining Star Reads programme, the South West CDC is bringing learning opportunities closer to these children – who often lag behind in reading ability – with holistic reading sessions.

Shining Star Reads @ South West is the first void deck reading programme. Launched in June 2015, it aims to benefit children from low-income families staying in rental flats in the South West District. Every fortnight, volunteers from BLESS would pick up the 120 children at their home, take them to the void deck where they would read aloud together and engage in literacy activities, and then accompany them back home.



Ms Low Yen Ling, Mayor of South West District, sharing the story of how the Little Beaver and its friends worked together to rebuild their home



A volunteer from Bringing Love to Every Single Soul (BLESS) engaging the young beneficiaries in a colouring activity as part of the reading programme



60
volunteers facilitated the reading programme



120
young beneficiaries engaged in 2015

SOUTH WEST CDC:

Shining Star Reads

The reading curriculum aims to help the young beneficiaries read independently and improve their language skills while learning positive social values and behaviour. It is specially developed in partnership with BLESS and based on the Ministry of Education's STELLAR methodology for teaching English.



A young beneficiary showing off his colouring skills on a worksheet based on the story



A BLESS volunteer bringing fun and joy to young beneficiaries through the reading programme

"I am grateful for this reading programme. The volunteers are very nice to bring my children down to the void deck for their reading sessions. My children have changed their mindset towards learning and communicate better now. They have even started their own reading session at home."

Mdm Saras, whose daughters Durga and Priya are beneficiaries of Shining Star Reads (Durga also volunteers at the reading sessions)

Bond

BONDING TO BUILD STRONGER COMMUNITIES



800,000

participants bonded through CDC programmes for the calendar year 2015



1,140

interest groups for the calendar year 2015

The CDCs always seek to strengthen bonds and promote social cohesion amongst residents from all ages and all walks of life through our programmes. The programmes focus on bringing residents closer together as they take part in interest groups and meaningful activities that contribute to personal growth and the community. The following five programmes are examples of how the CDCs bonded residents to build stronger communities in 2015.



BONDING TO BUILD STRONGER COMMUNITIES

CENTRAL SINGAPORE CDC

The UP Market

As Singapore's first ever upcycling-themed flea market, The UP Market @ Central Singapore provided a platform for residents and community partners to turn their used items into something useful in a fun and creative way.

A culmination of a series of upcycling workshops organised for residents throughout 2015, The UP Market reached out to more than 5,000 participants at the Toa Payoh HDB Hub and spread the message of sustainable living. Participants had the opportunity to shop for unique, upcycled products at 30 booths set up by residents and the CDC's eco-partners. They also took part in interactive upcycling workshops and an inaugural Upcycling Competition.

In the spirit of going green, part of the sales proceeds from The UP Market went towards the National Parks Board's Plant-A-Tree programme.



Ms Denise Phua, Mayor of Central Singapore District with SMU students and their replica of the iconic Toa Payoh Dragon Playground, which was made entirely from 7,600 recycled bottle caps



Participants of all ages trying their hands at creating animal containers from recycled plastic bottles at an upcycling workshop

CENTRAL SINGAPORE CDC:

The UP Market

Central Singapore CDC hopes that The UP Market will be an avenue where residents and stakeholders can actively contribute towards a greener country.



Residents and members of the public shopping for one-of-a-kind upcycled products at one of the 30 booths

> When I first took up upcycling, I wanted to engage my elderly mother so that she can occupy her time with craft work. It is something that bonds us together. I am really happy to have won the top prize by simply turning old, disused items into something usable and attractive.
>
> Ms Kelly Koh, winner of the inaugural Upcycling Competition @ Central Singapore



5,000
participants contributed towards a greener country

NEWS **Click here to find out more about The UP Market @ Central Singapore**

NORTH EAST CDC

Café Corner

Prepare food and share it with your neighbours. North East CDC began creating its café corners with this simple aim to bond residents and build neighbourly friendship. Since 2013, 117 café corners have been set up all over the North East district. Each café corner is now a community space for residents to meet and interact with each other to recreate the 'kampung spirit'.

10,800 residents have visited the café corners in 2015, up from 9,200 in 2014. Various community events have also been held at café corners to engage residents. These include pot luck sessions, cooking demonstrations, health talks and sharing sessions on government policies such as the Pioneer Generation Package.



Residents bonding through board games



PGP sharing session with seniors at a cafe corner



Residents sharing their love for food through a pot luck session

NORTHEAST CDC:

Café Corner



Mr Teo Ser Luck, Mayor of North East District, interacting with residents at Café Corner
Source: The Straits Times © Singapore Press Holdings Limited. Reproduced with permission

> Seniors like us seldom have nearby places to go. Our children have already grown up, married and moved out. It is so boring. Here at café corners, we can make friends and play games with each other.
>
> **Mdm Margaret Tan, resident of Sengkang Central and frequent user of a nearby café corner**

Following the success of the café corners, North East CDC has introduced Café Corner P.L.U.S., which serves to enhance the implementation of community programmes, as well as the sharing of important information with residents.



17%
more residents visited the café corners in 2015
2015: 10,800 visitors

Share the joy by uploading photos of yourself and your neighbours at any café corner with the hashtag **#northeastcafecorner**

NORTH WEST CDC

North West rpBuddy Connection

Who knew promoting intergenerational ties could be so fun?

Launched in 2015, 500 seniors and 500 Republic Polytechnic students paired up to form the North West rpBuddy teams and set a new record for the "Most Number of People Exercising with Resistance Bands". Together, the senior-student pairs also bonded through attending workshops on topics ranging from healthy living to technology.

The buddy programme provided a platform for both generations to exchange knowledge and life experience. The student volunteers helped their senior buddy pick up useful new skills, while the seniors themselves served as role-models to their young buddy.



Seniors practising their new selfie skills with their rpBuddies



Student volunteer bonding with her senior rpBuddy during a workshop on smart phone applications

NORTH WEST CDC:

North West rpBuddy Connection



Seniors from North West Health Qigong Club learnt basic photography skills and bonded with students from Republic Polytechnic at one of the North West rpBuddy workshops.



Members from North West Health Qigong Club and Republic Polytechnic students bonded over healthy activities such as Qigong





1,000
seniors and students bonded as learning buddies in 2015

Before I met my rpBuddy, I did not see the point of learning technology since I am so old already. Now, I look forward to learning more functions on my phone at the North West rpBuddy Connection workshop.

Mdm Kwek Soo Chun, a senior beneficiary who started to embrace new technology under the encouragement and support of her rpBuddy

SOUTH EAST CDC

5E Programmes

Doing your part for the community has never been as easy as ABC and E. The 5E approach involves an **E**asy and enjoyable activity that **E**ncourages widespread participation to **E**arn sponsorships for the needy. The value of the giving is **E**nlarged, thereby **E**nhancing community ownership and the culture of giving back.

Engaging events were held where the community bonded through simple activities such as skipping, climbing stairs and collecting e-waste. Corporations then donated sponsorship items to needy families in response to the level of community involvement through the four 5E campaigns: 3M Step-Up Challenge, CP Skips for Good Food, FairPrice Walk for Rice and Heartland E-waste Recycling Programme.

South East CDC was able to mobilise 108,331 residents to raise a total of $566,883 in sponsorship items for 13,050 needy residents.



Young children having fun at the 3M Step-Up Challenge to help the needy



A 12-hour skipping challenge at the finale of CP Skip for Good Food, which received warm response and positive feedback

SOUTH EAST CDC:

5E Programmes



Residents participating in the Heartland E-waste Recycling Programme



Student volunteers installing energy-saving Panasonic light bulbs at a beneficiary's home

I think this is a very good initiative. Residents like us can exercise and still contribute to the society.

Mr Choo Jin Teck, a resident of Braddell who participated in the 3M Step-Up Challenge at the Singapore Sports Hub



54%

increase in 5E participants in 2015

2015: 108,331 participants

Have you taken part in any of the 5E programmes? Hashtag your photos **#southeastcdc5E** to share the joy and community spirit!

SOUTH WEST CDC

SG50 Garden Parties

Communities gardens cultivate not only plants – they grow the "kampung spirit" too. To bond the community through the "kampung" way of gardening, the South West CDC organised the SG50 Garden Parties – 50 garden parties held at 50 of its community gardens. The programme is made possible with the $30,000 contribution by Sumitomo Chemical and Affiliates.



Caring for the environment starts from young



13,000
participants bonded through 50 SG50 Garden Parties

Community gardeners and student volunteers sharing the fruits of labour with Mayor Low Yen Ling



SOUTH WEST CDC:

SG50 Garden Parties

The SG50 Garden Parties brought together 13,000 residents to share their fruits of labour and celebrate SG50. Avid community gardeners were at hand to distribute fresh vegetables and fruits to needy residents. Participants also learnt from the community gardeners on how to grow their own fresh produce.

The initiative also aims to boost the CDC's efforts to engage the Pioneer Generation and vulnerable residents, many of whom are regular volunteers at the CDC's 127 community gardens.

The distribution of freshly harvested vegetables by friendly community gardeners at an SG50 garden party



Participants getting ready to harvest the vegetables at the Sky Garden @ Jurong Central, where one of the SG50 garden parties was organised



I used to keep to myself at home. Taking part in community gardening has changed me. I got to know many neighbours in my block and enjoy their friendship. It feels like a kampung again.

Mdm Hamidah Bujang, a senior volunteer who helps out at the community garden daily

Connect

Connecting Partners For An Inclusive Nation

34%

more joint projects for the calendar year 2015
2015: 1,440 joint projects

30%

more active volunteers for the calendar year 2015
2015: 15,680 volunteers

29%

more projects initiated by volunteers for the calendar year 2015
2015: 771 projects

The CDCs are constantly developing strategic partnerships with corporate and community partners to better serve the needs of the community. The success of each programme relies on the strong partnerships forged between that the CDCs and residents, volunteers, government agencies, grassroots organisations, corporates, as well as community partners such as VWOs and schools. The following five programmes are examples of how the CDCs worked with community and corporate partners to promote volunteerism and corporate social responsibility in 2015.



CENTRAL SINGAPORE CDC

The Purple Symphony

Music brings people together. Embracing the adage, Central Singapore CDC set up The Purple Symphony where talented musicians with and without special needs can come together from all corners of the community to make music.

As Singapore's largest inclusive orchestra, The Purple Symphony counts among its 85 members talented individuals and musicians from Lighthouse School, Movement for the Intellectually Disabled, Pathlight School, Singapore Cheshire Home, Singapore Management University, Singapore Youth Chinese Orchestra and The Little Heartstrings.



Musicians performing at the debut of The Purple Symphony

Ms Denise Phua, Mayor of Central Singapore District, with musicians and instructors at the debut of The Purple Symphony



CENTRAL SINGAPORE CDC:

The Purple Symphony

The Purple Symphony debuted on 31 July 2015 at the Singapore Conference Hall with a repertoire of five songs. Led by Artistic Director, Mr Quek Ling Kiong, the orchestra comprises five key musical sections: Percussion, Plucked Strings, Bowed Strings, Winds and Choir.

Facilitated by Central Singapore CDC, The Purple Symphony is a ready avenue for musicians to learn and share with one another, support inclusion, celebrate their abilities and serve the community as one.



Musicians of various ages, abilities and cultural backgrounds performing alongside each other

Watch the debut performance of The Purple Symphony here!



85

volunteers contributed to the community through their music in 2015

Celebrating the abilities and supporting the inclusion of special needs individuals is a cause that Central Singapore CDC actively promotes. The Purple Symphony creates an opportunity for inclusion of people who are different, through music. It demonstrates the grit and abilities of our friends from the special needs community, and provides them the opportunity to contribute to the community through their music. I am proud of our pioneer orchestra and I know that everyone will be touched by their music.

Ms Denise Phua Lay Peng, Mayor of Central Singapore District

NORTH EAST CDC

Eldersurf Intergen Bootcamp

Seniors can now embrace the wonders of the digital age with help from young minds.

In 2015, the North East CDC implemented the Eldersurf Intergen Bootcamp – a series of workshops where 372 seniors learned basic IT skills with the help of 558 students from 17 schools. The workshops were conducted at schools and provided opportunities for the student cyber-guides to bond with the seniors.



Intergenerational bonding in action as seniors picked up useful IT skills from student cyber-guides



Seniors enjoying their interaction with helpful student cyber-guides

I find this course very useful as I learned how to use the computer, access the internet and send emails. The young cyber-guides helped me understand the difficult technical terms and made this learning journey fun and enjoyable.

Mr Tan Chew Seng, a senior participant of the IT workshop

NORTH EAST CDC:

Eldersurf Intergen Bootcamp

As part of the curriculum, seniors were also separately guided on the use of self-service and SMS banking services by POSB staff volunteers.

The initiative is a collaborative effort by the CDC and its partners to integrate seniors into the emerging digital community while forging stronger intergenerational bonds.



Seniors learning the basics of self-service and SMS banking during the 1-hour trip to a POSB branch



7x
more participants engaged in 2015
2015: 372 seniors



558
students from 17 schools acted as cyber-guides for senior participants

Share your experience with the hashtag #northeasteldersurf

We are increasingly shifting to a digital world. To ensure that our seniors are not left behind, we educate them on how they can take full advantage of POSB's suite of digital banking services to enjoy greater convenience. We are glad to support this meaningful initiative.

Mr Derrick Goh, Head of POSB, a corporate partner of the programme

NORTH WEST CDC

WeCare @ North West - Service Weeks

To some, the festive season may be more than just celebrations. A group of grassroots volunteers, corporate partners and schools had used the occasion to come together for a good cause through WeCare @ North West – Service Weeks 2015.

Ensuring that no one is left out in the festive season, 1,500 volunteers came together to spread festive cheers to beneficiaries at 5,600 rental household units across 12 North West divisions. The campaign lasted three weeks from 16 January to 5 February 2016. Volunteers and partners were kept busy with the packing and distribution of festive packs, as well as providing home improvement services to the needy.



Students helping to assemble WeCare packs



Volunteers from corporate partners assembling a wardrobe for Mr Ang

For Mr Ang Chwee and his mentally challenged son, putting food on the table has always been their main worry. Their daily meals are sustained through donated canned food and food rations from VWOs. To add to their woes, some furniture such as fans and wardrobes were so old that they were no longer in working condition.

Concerned for their well-being, the North West CDC partnered corporate sponsor Malayan Daching Co. Pte Ltd to provide home improvement essentials under WeCare @ North West – Service Weeks at Marsiling Division. The donations include two wardrobes, a big fan and a foldable table. Additionally, volunteers from Malayan Daching Co. Pte Ltd went down to help assemble the wardrobes for the family of two.

NORTH WEST CDC:

WeCare @ North West - Service Weeks



Volunteers getting together for WeCare @ North West – Service Weeks (Ulu Pandan)

In its third year, the programme is growing in outreach. The number of volunteers and beneficiaries engaged in 2016 has increased by around 50% as compared to 2015. Being closer to the ground, the North West CDC will continue to foster a culture of giving back through connecting community and corporate resources.



Mdm Roslina thanking corporate partners for their sponsored home essentials

> I am truly thankful for all the help that I have received. The festive pack and home essentials will definitely improve my quality of life a lot.
>
> Mdm Roslina Binte Zainuddin, a resident who has benefited from the programme



5,600
rental household units helped in 2015



50%
more volunteers involved in 2015
2015: 1,500 volunteers

Most people might choose to have a hot or cold shower depending on the weather. But having a hot shower has always been a luxury for Mdm Roslina Binte Zainuddin. Mdm Roslina suffers from spinal cord injury and is wheelchair-bound. Unable to afford a water heater, Mdm Roslina has been bathing in cold water since her move into the rental unit in 2009, which may be hindering her recovery.

Concerned about her recovery, as well as her safety after a burglary, the North West CDC partnered Malayan Daching Co. Pte Ltd to provide home improvement essentials under WeCare @ North West – Service Weeks at Marsiling Division. The donations include a shower heater, a commode, an electric kettle and a lock replacement.

SOUTH EAST CDC

Corporate Community Laboratory



IBM Staff doing their part for the community



IBM Staff interacting with residents of Pertapis Halfway House

More corporate organisations are stepping forward to initiate meaningful community projects through the Corporate Community Laboratory @ South East. Piloted in 2014 with Citibank, the community service leadership programme has since grown to include IBM, Flextronics, Vistra and the Australia & New Zealand Association as corporate partners.

The Corporate Community Laboratory aims to bridge the CSR needs of its corporate partners with volunteering opportunities from participating charitable organisations. Volunteers are empowered to co-create projects with grassroots leaders after assessing needs within the community.

Skills Workshops for Youth and Children

Nine staff from Citibank Singapore volunteered their time and skills at the Jamiyah Children's Home. They conducted character building workshops for the children as well as IT workshops for the youths, so that the young participants could pick up essential hard and soft skills needed to advance in life.

SOUTH EAST CDC:

Corporate Community Laboratory



Residents from the Pertapis Halfway House taking part in an interview role play

Job Assistance Workshops for Ex-Offenders

13 staff from IBM Singapore were attached to the Pertapis Halfway House, where they identified the employability of its residents as an area that they could help with. The volunteers organised various workshops on resume writing, job application forms and personal conduct during job interviews. Additionally, they raised funds internally and donated two computers for the residents to hone their computer skills.

> At first, I did not think there was much we could offer. But the programme allowed us to tap on our skills to serve the needs of the residents. The residents responded with warm appreciation week after week. It was a humbling experience for me.
>
> Ms Harriet Ip, an IBM staff who volunteered at the Pertapis Halfway House



3.5x
more volunteers involved in 2015
2015: 53 volunteers



7.5%
more beneficiaries helped in 2015
2015: 86 beneficiaries

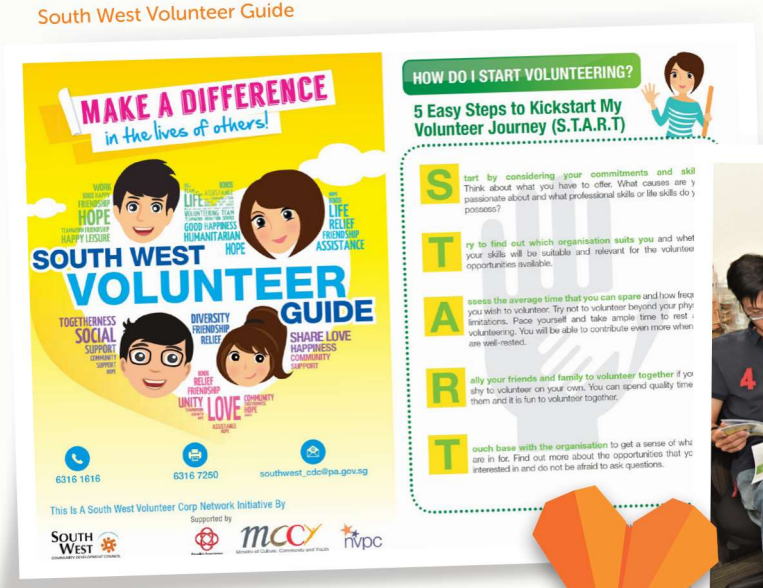
SOUTH WEST CDC

South West Volunteer Corp Network

Everyone can now come together to create a culture of giving with the first-ever district-wide volunteer network. Launched in February 2016, the South West Volunteer Corp Network (NETWORK) connects corporate and community partners with volunteers to support community initiatives.

Through the NETWORK, partners can tap on its hub of resources, knowledge and expertise to develop CSR and volunteerism programmes, while volunteers will receive greater support. The NETWORK will also assist VWOs in need of volunteers and facilitate funding for the training of senior volunteers. As part of the orientation session, an easy-to-follow South West Volunteer Guide specially curated by the CDC was given out to the volunteers.

South West Volunteer Guide



Staff and leaders of Franklin Offshore International Pte Ltd, a NETWORK corporate partner, checking out the volunteer guide



SOUTH WEST CDC:

South West Volunteer Corp Network



Seniors attending a volunteer orientation session at REACH Youth Powerhouse, a NETWORK community partner

The CDC targets to recruit 600 new volunteers and train 500 senior volunteers in 2016. Potential volunteer leaders will be identified so that they in turn can inspire and encourage more people to volunteer.



10
Pioneers Partners came on board the programme since Oct 2015

400
volunteers recruited since February 2016

Join Us!
Be a partner or volunteer and tap on our NETWORK. Click here!

We aim to create an enriching and sustainable volunteering ecosystem for our volunteers and partners. By deepening their sense of belonging and fulfilment, the NETWORK will strengthen social bonds to build a resilient and caring South West District.

Ms Low Yen Ling, Mayor of South West District on her vision for the NETWORK

Our Chairmen And Vice-Chairmen

Central Singapore CDC

Ms Denise Phua Lay Peng
Mayor of Central Singapore District
Chairman of Central Singapore CDC

Vice-Chairmen

Dr Chia Shi-Lu
Member of Parliament for Tanjong Pagar GRC, Adviser to Tanjong Pagar GRC Grassroots Organisations

Mr Darryl David
Member of Parliament for Ang Mo Kio GRC, Adviser to Ang Mo Kio GRC Grassroots Organisations

Dr Intan Azura Mokhtar
Member of Parliament for Ang Mo Kio GRC, Adviser to Ang Mo Kio GRC Grassroots Organisations

North East CDC

Mr Teo Ser Luck
Chairman of Mayors' Committee and Mayor of North East District
Chairman of North East CDC

Vice-Chairmen

Ms Cheng Li Hui, PBM
Member of Parliament for Tampines GRC, Adviser to Tampines GRC Grassroots Organisations

Mr Shamsul Kamar Bin Mohamed Razali
Adviser to Aljunied GRC Grassroots Organisations

Ms Sun Xueling
Member of Parliament for Pasir Ris-Punggol GRC, Adviser to Pasir Ris-Punggol GRC Grassroots Organisations

North West CDC

Dr Teo Ho Pin
Mayor of North West District
Chairman of North West CDC

Vice-Chairmen

Associate Professor Dr Muhammad Faishal Ibrahim
Member of Parliament for Nee Soon GRC, Adviser to Nee Soon GRC Grassroots Organisations

Dr Lim Wee Kiak, PBM
Member of Parliament for Sembawang GRC, Adviser to Sembawang GRC Grassroots Organisations

Mr Alex Yam Ziming
Member of Parliament for Marsiling-Yew Tee GRC, Adviser to Marsiling-Yew Tee GRC Grassroots Organisations

South East CDC

Dr Mohamad Maliki Bin Osman
Mayor of South East District
Chairman of South East CDC

Vice-Chairmen

Ms Jessica Tan Soon Neo
Member of Parliament for East Coast GRC, Adviser to East Coast GRC Grassroots Organisations

Mr Seah Kian Peng
Member of Parliament for Marine Parade GRC, Adviser to Marine Parade GRC Grassroots Organisations

South West CDC

Ms Low Yen Ling
Mayor of South West District
Chairman of South West CDC

Vice-Chairmen

Mr Zaqy Mohamad
Member of Parliament for Chua Chu Kang GRC, Adviser to Keat Hong Grassroots Organisations

Mr Patrick Tay Teck Guan, BBM
Member of Parliament for West Coast GRC, Adviser to Boon Lay Grassroots Organisations

Our Council Members

Central Singapore CDC

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Ms Kwek Soh Cheng, Betty, BBM
Mr Wu Chong Guan, Philip
Mr Kor Min Yee, Vincent
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Mr Kwek Rui Sen, Kelvin
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Abdul Rahim

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M K Kader Muhaiadeen
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Abdul Rahim, PBM
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Mr Goi Kok Ming, Kenneth
Mr Hassan Bin Ahmad
Miss Nadia Ahmad Samdin
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Mr Joseph Tan Chin Yew
Dr. Joshua Vm Kuma, PBM
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Mr Tan Yeh Ping
Ms Tina Hung

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Mdm Tang Gar Keow @ Angie Tang, PBM
Mr Chan Chee Mun, Timothy
Miss Chew Soo Gim, Elim, PBM
Mr Koh Kong Wen
Mr Lue Kok Keong, Eric
Mr Mohamed Farid Bin Mohamed Hamzah
Mr Ng Ching Leong

Financial Information

FINANCIAL YEAR ENDING 31st MARCH 2016

Structure

The Community Development Council (CDC) is managed by a Council comprising the Mayor and members. The Council is appointed by the Chairman or Deputy Chairman of the People's Association Board of Management. The CDC is governed by the Community Development Council Rules.

Management of Conflict of Interest

A member of the Council or the sub-committee who is in any way, directly or indirectly, interested in a transaction or project or other matter of the Council or sub-committee shall disclose the nature of his interest at the first meeting of the Council or sub-committee at which he is present after the relevant facts have come to his knowledge.

A disclosure shall be recorded in the minutes of meeting of the Council or sub-committee and, after the disclosure, that member:

a. Shall not take part in any deliberation or decision of the Council or sub-committee with respect to that transaction or project; and

b. Shall be disregarded for the purpose of constituting a quorum of the Council or sub-committee for such deliberation or decision.

Finance Matters

Description of instrument setting up the charity

The CDC Project Management Fund Committee was set up as a Fund governed by Rules and Regulations.

Review of financial state

The financial year period of 2015 refers to 1st April 2015 to 31st March 2016. The amount of donations raised for the financial year was $11.3 million. This was a increase of $0.4 million compared to FY2014 ($10.9 million). Also, the Fund has recorded a surplus of $3.7 million for the financial year. Overall, there is an accumulated surplus of $51.6 million.

Related entity

People's Association

Funding

Annual Resident Grant

Each Community Development Council (CDC) is provided with an annual grant of $1 per resident living in its District for funding of its programmes.

Matching Grant from Government

The CDC can also raise funds for its programmes. For every $1 donated to the CDC, the Government will match it with $3. To encourage regular donations, the Government gives a higher matching grant of $4 for every $1 raised through GIRO contributions by local residents and businesses. The matching grant for the CDCs is capped at $24 million annually.

Operating Grant

The Government funds the operations of the CDC offices.

Financial Information

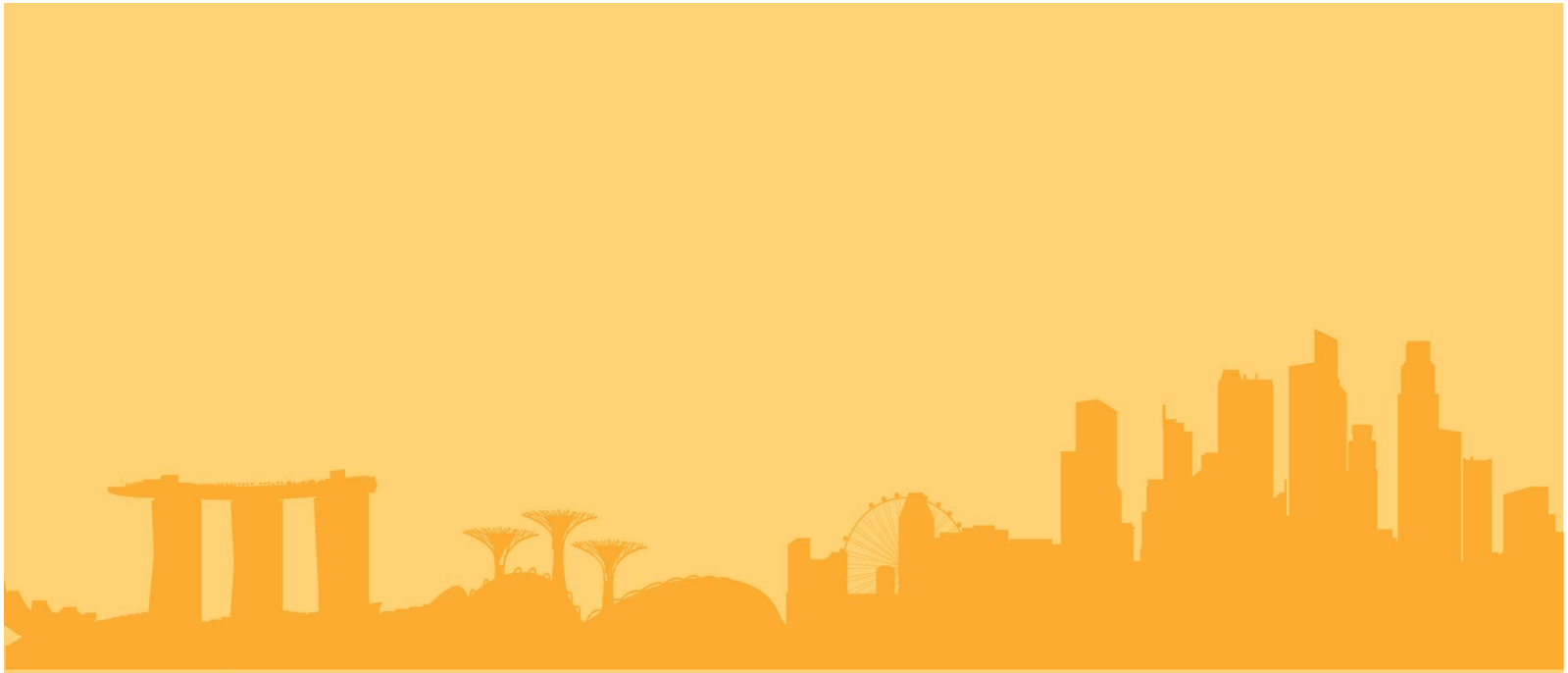
FINANCIAL YEAR ENDING 31st MARCH 2016

Reserve Policy
Our reserves position:

	Previous Year (S$)	Current Year (S$)	% increase/ (decrease)
Unrestricted Funds (Reserves)	47,947,697	**51,621,783**	
Restricted/Designated Funds:			
Building Fund	NA	**NA**	NA
Others	NA	**NA**	NA
Endowment Funds	NA	**NA**	NA
Total Funds	47,947,697	**51,621,783**	
Annual Operating Expenditure	43,961,327	**38,337,468**	
Ratio of Reserves to Annual Operating Expenditure	1.09:1	**1.35:1**	

The reserves that CDCs have set aside provide financial stability and the means for the development of CDCs' programmes and services. The Councils carry out quarterly reviews on the amount of reserves that are required to ensure that these are adequate to fulfil our continuing obligations.

Banker: OCBC Bank **External Auditor:** Ernst and Young LLP **Investment Adviser(s):** PA Investment Advisory Committee





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Singapore 310490
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